

POST OPERATIVE IV SEDATION INSTRUCTIONS

(FOR PARENTS/GUARDIANS)

While driving, do not hold your child in your lap or lay your child down in the back seat. Please make sure the other adult present supports the child's airway while driving home. The child's head should be tipped upwards to open up the airway. Your child's balance and coordination can be affected for 3-4 hours. Upon arriving home, put your child to bed, this will protect against falls and bumps.

- Local anesthetic (numbness) usually takes 2-4 hours to wear off depending on the patient. Please keep a close eye on the patient as they tend to bite their lips and cheeks. A lip bite will cause the area to turn white and swell. There is not much to help a lip bite except to allow time to heal the area.
- Your child will need your undivided attention for the first 3-4 hours after the procedure.
- If patient is hungry before numbness is gone, a fruit smoothie or Popsicle is recommended. Once numbness is gone, patient can move to softer foods for the remainder of the day.
- After dental work is completed, pain and/or discomfort is normal for the first 14-48 hours.
- A slight fever (temperature up to 100.5), nausea, and vomiting are <u>not</u> uncommon after IV sedation.
 If symptoms persist after the first 24 hours, contact your child's pediatrician or urgent care.
- If your child does not want to eat, please make sure they are drinking a lot of fluids.
- Some children remain irritable for the first 24 hours after IV Sedation, we encourage reading, movies and lounging at home until numbness and anesthesia have worn off completely.

Pain Management

If teeth are extracted:

*Tylenol was administered through the IV before the patient was finished with IV Sedation.

Please do not give your child any more Tylenol for at least 6 hours. If necessary, you can give them

MOTRIN ONLY, you may repeat the doses for 2 days.

If <u>no teeth</u> are extracted:

*You may give your child Tylenol or Motrin in 2 hours before the numbness wears off.