

IV SEDATION PATIENT -ANESTHESIOLOGIST GUIDELINES

AGE - At least 2 years old.

WEIGHT:

Minimum - At least 25 lbs.

Maximum: Class 2 BMI. No maximum weight number because if the patient is tall enough; the weight may be okay. Usually, a BMI above 35 is where we draw the limit. However, we have done patients at this range because they looked fine clinically. we ask parents if the patient snores loud or have trouble breathing while sleeping. If the answer is no, we will proceed. We look at how the weight is distributed. Then take 2 pictures send them to us: one frontal view next to his/her parent. The second picture on side view next to his/her parent. If there is a lot of weight around the neck area, we will not sedate the patient.

HEALTH CONDITIONS:

Asthma - If the patient has asthma, it is okay to proceed. The only time asthma is an issue is when the patient is on daily asthma medications, and their primary doctor continues to change their medications. This is an indication that it is uncontrolled. The patient should be stable on their current medications for at least 3 months.

Parents/guardians should continue breathing treatments as prescribed. Treatments the night before and morning of the sedation appointment is okay. Parents/ guardians should bring inhalers to the sedation appointment.

Seizure_disorder - If the patient has had a seizure in the past 6 months, they will need a medical clearance letter from their primary doctor or neurologist.

Heart_conditions - If the patient has any heart condition, including a murmur, they will need a medical clearance from their primary doctor or cardiologist. For murmurs, [*the clearance letter should state that the patient has received a workup or the murmur is innocent.*](#)

ADHD/ADD/Autism - These conditions do not need a medical clearance. Parents may continue medications as prescribed. Pills may be given with a small sip of water or apple juice (no other fluids allowed) 5 am on the day of the scheduled sedation appointment.

Diabetes - Contact us for instructions for patients who take insulin. Their medications may need to be adjusted the night before and morning of the sedation appointment. Parents/guardians should bring their glucometer and insulin with them to their appointment.

Other - Any patient that has an ongoing health issue/ recent surgery will need a medical clearance from their primary doctor or medical specialist.

Allergies - If the patient has an allergy to eggs, contact us for more information. Propofol is made from a protein in egg yolks. We will ask the parent/guardian questions regarding the allergy. If the answers aren't concerning, we will proceed. If the procedure is short, we may be able to proceed with Ketamine only.

Questions to ask

1. Do you know if the patient has an allergy to egg whites or egg yolks?
2. Does the patient eat eggs? If yes, what happens when the patient eats eggs?
3. Does the patient have an EpiPen?

Vaccines - Inform parents not to take children to get vaccinated within a week of the sedation appointment time.